

Flat as a Pancake 5K

Race Date: 6/10/2006

Male Overall Results

Runners

1.	00:17:00.359	Pace: 00.05.26	Blake Anderson
2.	00:17:14.609	Pace: 00.05.30	Ted Herget
3.	00:17:25.890	Pace: 00.05.34	Joseph Pearce
4.	00:18:28.671	Pace: 00.05.54	Chris Cone
5.	00:18:42.671	Pace: 00.05.59	Steve Lovell

Age Division Results

Ages:0 - 9

Runner

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Chase Williamson	9	00:27:22.281	00.08.45
2 Sean Martin	9	00:28:52.812	00.09.14
3 Nate Mullen	4	00:56:01.078	00.17.55

Ages:10 - 14

Runner

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 William Dunlap	12	00:27:03.000	00.08.39
2 Jimmy Coffey	12	00:27:07.968	00.08.40
3 Mac Callahan	10	00:31:55.781	00.10.12
4 Michael Thompson	10	00:33:56.843	00.10.51
5 Sam Mullen	10	00:34:57.843	00.11.11
6 Riley Mckee	12	00:54:33.593	00.17.27

Ages:15 - 19

Runner

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Nathan Ohler	15	00:23:42.625	00.07.35

Ages:20 - 24

Runner

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Phil Davison	23	00:19:54.109	00.06.22
2 Jonathan Denisco	20	00:32:00.812	00.10.14

Ages:25 - 29

Runner

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Ryan Burton	27	00:21:53.687	00.07.00
2 Jarrod Stroud	27	00:31:05.343	00.09.56
3 Calvin Robinson	27	00:31:15.656	00.10.00
4 Reg Rasmussen	27	00:32:54.156	00.10.31

Race Results provided by Agee Race Timing Version 2006

2006 NEA Running & Walking Series Sponsored By: Dr. Walter Hayes - Foot & Ankle Specialist

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Flat as a Pancake 5K

Race Date: 6/10/2006

Ages:30 - 34

Runner

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Walter Hayes	32	00:20:13.453	00.06.28
2 Jason Webb	30	00:21:06.125	00.06.45
3 Josh Power	31	00:21:34.406	00.06.54
4 Mario Cordova	31	00:21:40.937	00.06.56
5 Amadi Ekweume	34	00:21:58.187	00.07.01
6 Michael Mangrum	34	00:22:06.937	00.07.04
7 James Newberry	33	00:22:49.062	00.07.18
8 Lance Carrier	33	00:24:55.796	00.07.58
9 Eric Rivera	33	00:25:18.171	00.08.05
10 Davy Insell	30	00:26:41.375	00.08.32

Ages:35 - 39

Runner

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Marty Harris	39	00:21:26.687	00.06.51
2 John Jones	35	00:23:13.281	00.07.25
3 Jeff Mullen	39	00:56:02.390	00.17.55

Ages:40 - 44

Runner

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Farron Toler	43	00:19:57.296	00.06.23
2 Gary Cothren	41	00:20:50.625	00.06.40
3 Robert Mcdaniel	41	00:21:45.593	00.06.57
4 Michael Manley	42	00:24:18.609	00.07.46
5 Jon Wilbanks	43	00:25:20.140	00.08.06
6 Greg Sanders	40	00:30:11.250	00.09.39

Ages:45 - 49

Runner

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Guy Patteson Iii	46	00:21:13.031	00.06.47
2 Alex Alpe	49	00:22:26.125	00.07.10
3 Ben Owens Jr	47	00:22:42.187	00.07.15
4 Raymond Hobbs	47	00:25:20.484	00.08.06
5 Kenny Worley	46	00:26:24.531	00.08.26
6 Ken Gunnufsen	46	00:32:07.593	00.10.16

Flat as a Pancake 5K

Race Date: 6/10/2006

Ages:50 - 54

Runner

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Mike Hanks	54	00:20:35.859	00.06.35
2 Don Cavenaugh	54	00:21:21.281	00.06.49
3 David Canada	54	00:22:17.656	00.07.07
4 Lester Davidson	53	00:22:29.312	00.07.11
5 Reza Yousefi	52	00:23:34.375	00.07.32
6 Mike Jennings	53	00:24:20.859	00.07.47
7 Steven Bernard	50	00:24:52.234	00.07.57
8 Clarke Mixon	50	00:26:46.843	00.08.33

Ages:55 - 59

Runner

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Curtis Acre	56	00:19:04.140	00.06.06
2 Jim Gann	56	00:23:19.281	00.07.27
3 Zeb Carnes	59	00:23:54.250	00.07.38
4 Steve Canady	56	00:29:38.468	00.09.28
5 Dwight Akins	56	00:33:11.718	00.10.37

Ages:60 - 64

Runner

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Wilbert Dawson	60	00:22:35.093	00.07.13
2 John Elliott	61	00:22:53.187	00.07.19
3 Lance Daugherty	62	00:23:11.343	00.07.25
4 Louis Alpe	61	00:25:14.296	00.08.04
5 Austin Hooks	61	00:25:58.765	00.08.18
6 Jim Mcinturff	62	00:28:50.218	00.09.13
7 Ernest Rice	62	00:37:02.468	00.11.51

Ages:65 - 99

Runner

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Jackie Perkins	65	00:28:31.031	00.09.07
2 Gerald Holbrook	74	00:28:49.093	00.09.13

Flat as a Pancake 5K

Race Date: 6/10/2006

Female Overall Results

Runners

1.	00:20:36.765	Pace: 00.06.35	Linda Farris
2.	00:20:38.421	Pace: 00.06.36	Laura Insell
3.	00:22:10.687	Pace: 00.07.05	Karen Martin
4.	00:24:15.093	Pace: 00.07.45	Ruth Williams
5.	00:24:27.703	Pace: 00.07.49	Nancy Highland

Age Division Results

Ages:0 - 9

Runner

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Sarah Martin	7	00:37:11.281	00.11.53

Ages:10 - 14

Runner

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Joanna Gunnufsen	12	00:34:06.062	00.10.54

Ages:20 - 24

Runner

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Heidi Rigsbee	24	00:25:19.015	00.08.06
2 Elizabeth Insell	24	00:26:36.062	00.08.30
3 Angela Burton	24	00:28:53.375	00.09.14

Ages:25 - 29

Runner

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Erica Armstrong	29	00:24:58.109	00.07.59
2 Lisa Newberry	26	00:25:15.671	00.08.04
3 Kelly Vaught	26	00:26:26.406	00.08.27
4 Jordan Holloway	27	00:27:10.000	00.08.41
5 Nicola Gregory	27	00:28:17.656	00.09.03
6 Helena Witcher	25	00:28:40.656	00.09.10
7 Heather Hawk	28	00:30:44.812	00.09.50
8 Leah Rasmussen	28	00:32:50.156	00.10.30
9 Laura Stephens	27	00:32:54.875	00.10.31
10 Jennifer Webb	26	00:35:47.500	00.11.27
11 Laura Wood	25	00:38:13.859	00.12.13
12 Elissa New	26	00:41:19.687	00.13.13

Flat as a Pancake 5K

Race Date: 6/10/2006

Ages:30 - 34

Runner

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Stephanie Davis	30	00:29:43.906	00.09.30
2 Mary Collins	32	00:30:16.687	00.09.41
3 Jennifer Ross	30	00:30:55.531	00.09.53
4 Julie Harlan	33	00:35:01.093	00.11.12
5 Shawnie Parker	30	00:38:23.765	00.12.16
6 Joy Shepherd	31	00:45:45.203	00.14.38

Ages:35 - 39

Runner

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Michelle Reid	37	00:29:03.312	00.09.17
2 Keeli Smith	35	00:30:04.062	00.09.37
3 Tyler Parnell	39	00:30:09.250	00.09.38
4 Cheri Ulanow	35	00:31:43.531	00.10.08

Ages:40 - 44

Runner

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Renee Shepard	41	00:25:59.015	00.08.18
2 Diana Roberts	41	00:29:15.718	00.09.21
3 Lori Clements	40	00:29:27.968	00.09.25
4 Becky Smith	44	00:33:31.375	00.10.43
5 Sissi Mcnew	42	00:36:42.125	00.11.44
6 Tracy Mullen	40	00:56:01.609	00.17.55

Ages:45 - 49

Runner

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Lisa Thomas	49	00:24:41.890	00.07.53
2 Denise Tait	47	00:27:04.062	00.08.39
3 Anita Mccollum	47	00:41:51.109	00.13.23

Ages:50 - 54

Runner

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Linda Porterfield	51	00:27:32.218	00.08.48
2 Bonnie Smith	52	00:31:21.593	00.10.01
3 Cathe Carnes	54	00:41:23.937	00.13.14

Ages:60 - 64

Runner

Name:	Age:	Finish Time:	Pace: (HH:mm:ss)
1 Joan Hammond	62	00:46:55.515	00.15.00
2 Jan Yousefi	60	00:55:09.640	00.17.38